



Lucy's Book Club™

Feeling strong with your love

For ages 0-3

Katz, Karen

- McBratney, Sam
- Spinelli, Eileen

Van Genechten, Guido

Counting Kisses
Guess How Much I Love You
When Mama Comes Home Tonight
The Cuddle Book

For ages 0-3 and 3-6

- Brown, Margaret Wise
- Morris, Ann
- Tafuri, Nancy

The Runaway Bunny
Families
You Are Special, Little One

For ages 3-6

- Joose, Barbara
- Schlein, Miriam
- Waddell, Martin

I Love You the Purplest
The Way Mothers Are
Good Job, Little Bear

● Available in Spanish

Parents' selection

Lieberman, Alicia F.

The Emotional Life of the Toddler



Lucy Daniels
 Center for Early Childhood

Helping children live emotionally healthy lives

Topic One: Feeling strong with your love

Our first Lucy's Book Club topic focuses on healthy attachment between child and parent. Healthy emotional development in early childhood stems from a secure base: a child's sense of a nurturing, supportive, and solid relationship with parents builds positive feelings about one's self. The books our panel has chosen for this topic focus on the nature of the relationship and love between children and parents.

The joy of reading is one of the best gifts you can give your child. Reading together, even just a few minutes each day, encourages a life-long passion for reading and helps to establish a healthy emotional bond between parent and child. These books, carefully selected for children ages birth through 6, are readily available in Wake County libraries, bookstores, and online. We've also provided a book recommendation for parents to better understand your child's development.

For further information and resources on this and other topics related to healthy emotional development in early childhood, please visit our websites: www.lucysbookclub.org or www.lucydanielscenter.org or call 919.677.1400.



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